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thus for one-half hour. The sweat can be given successfully without the rubber sheets.

Illustrations No. 5 and No. 6 show a roll made to support the knees when a patient is placed in a sitting posture. It has proved very useful for those who are inclined to slip down in bed. Blankets are rolled over a stout bandage, then are covered with a muslin sheet and rubber sheet, if necessary. The bandage ends may be tied to the spring, as in the illustration, or to the head of the bed, to hold the roll firmly in place. An advantage of the blanket roll is that it may be made large or small to suit the needs of the patient.

No. 7 shows the "heart case" made comfortable when sitting up in bed by providing her with a bedside table, the front legs of which have been shortened. A pillow is placed on top and on this she can rest her arms.

A wooden rack, No. 8, may easily be made to hold the inverted rubber ice-bags while they are drying.

A SUGGESTION

When giving powders, dry, to children, try emptying the powder underneath the tongue, with instructions to keep it there until sufficient water has been taken to wash it down the throat. In this way there will be no taste whatever.

Colorado.

I. M.